



## Holy Healthy UMC Healthy Congregation Award Arkansas Annual Conference

Sponsored by



The purpose of the Holy Healthy UMC Healthy Congregation Award recognition program is to facilitate and recognize intentional health ministries, healthy activities, and healthy programs that promote the spiritual, physical, emotional, social and community health of the Arkansas Conference, its United Methodist congregations and the communities they serve throughout the state of Arkansas.

The Holy Healthy UMC Healthy Congregation Award program was developed by the Arkansas Conference Health Ministries Task Force to promote healthy ministries, activities and programs in and with the congregations of the Arkansas Conference. The Arkansas Conference Health Ministries Task Force and Methodist Le Bonheur Healthcare of Memphis, Tennessee jointly sponsor it.

### **WHAT IS REQUIRED FOR A CONGREGATION TO PARTICIPATE?**

- Conduct a certain number of health activities, programs and/or ministries during 2008 [10 for congregations with 100 or fewer members; 15 for congregations with 101 to 500 members; 25 for congregations with 501 or more members].
- Complete a ***Health Ministries Report Form*** located on the Conference web site home page at: [www.arumc.org](http://www.arumc.org) or mail a completed application your activities report forms to John Wilcher, 226 E. Edwin Circle, Memphis, TN 38104-5909. ***Completed applications must be postmarked by February 15, 2009.***

### **GREAT REASONS TO PARTICIPATE!**

- Become more aware of healthy activities, programs and/or ministries going on in your congregation
- Be recognized by the Arkansas Conference for the good work your congregation has done in promoting healthy ministries
- By sharing your ideas, you help improve the lives of others through exciting health ministries in other congregations in Arkansas
- By participating, your congregation is actively living the proclamation of Christ: "I came that they may have life, and have it abundantly." [John 10:10]

### **HOW YOUR CONGREGATION CAN PARTICIPATE**

- Select a representative from your congregation who will be responsible, in consultation with your pastor, for reporting your congregation's health activities, programs and/or ministries
- Complete the **Health Ministries Report Form**, either on-line at [www.arumc.org](http://www.arumc.org) [strongly encouraged] or the enclosed paper **Health Ministries Report Form**.
- Submit your completed **Health Ministries Report Form** on-line or by U.S. Mail by February 15. Printed copies of the **Health Ministries Report Form** must be postmarked by February 15, 2009.
- By submitting of the **Health Ministries Report Form** your congregation agrees that it is can be identified as being a Holy Healthy UMC Healthy Congregation along with a list of its ministries so that other congregations can contact you for further information on the health ministries of your congregation.

### **WHEN WILL RECOGNITION TAKE PLACE?**

- Each congregation reporting at least the minimum number of activities, programs, ministries based on membership category will receive the **Holy Healthy UMC Healthy Congregation Award** during the 2009 Arkansas Annual Conference, June 14 – 17, at Rogers, Arkansas.
- Selected activities, programs or ministries will be featured on the Holy Healthy UMC website and other Conference news outlets throughout the 2009/2010 Conference Year.

### **QUESTIONS? NEED HELP? SUGGESTIONS?**

Contact:

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